

The Royal Newfoundland Yacht Club  
P.O. Box 14160, Station Manuels  
Conception Bay South, NL  
A1W 3J1



## NOTICE OF RACE

### RNYC Race Week CBS, NL

14th-17th of August 2019

1. **Rules.** Races will be governed by The Racing Rules of Sailing (RRS); the prescriptions of Sail Canada, and by these sailing instructions.
2. **Advertizing.** Advertizing will be restricted to Category C.
3. **Eligibility and Entry.**
  - a. All SailNL/Sail Canada Members.
  - b. Boats who are not members of SailNL can contact the [RNYC Manager](#) who will consider each potential entry on a case-by-case basis. Non-SailNL members will be charged an administrative fee and their names will be added to the RNYC Sail Canada Membership List (where applicable).
  - c. Non-RNYC members can contact the [RNYC Manager](#) to inquire about berth space.
  - d. All boats should have a current PHRF rating issued by the PHRF Nova Scotia. Boats without a rating from PHRF Nova Scotia will be issued a provisional rating by RNYC using a comparable boat.
  - e. The regatta is open to boats with PHRF ratings in Divisions 1 and 2 and White Sail. The race committee will assign entries to divisions based on the number and types of boats entered. Generally, the assignment to divisions will be based on PHRF ratings, but the race committee may assign boats to divisions using any other criteria it deems appropriate, and may change the assignment of boats to divisions at any time up to 17:00 on Wednesday, August 14, 2019 for Divisions 1& 2 or up to 09:00 on Friday, August 16, 2019 for White Sail Division
4. **Registration.** Boats may enter by registering at RNYC in person or via email to [manager@rnyc.nf.ca](mailto:manager@rnyc.nf.ca) by 20:00 NDT on Tuesday 13 August 2019.

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5. **Fees.** Regatta fees are as follows:

	<b>Divisions 1 &amp; 2</b>	<b>White Sail Division</b>
SailNL Members	\$250	\$200
Non-SailNL Members	\$280	\$230

\*Fees are payable upon registrations and proof of boat insurance may be requested.

6. **Schedule.** The race series will consist of a spring, summer and fall series; with four races in the first and five races in the later two.

<b>Date</b>	<b>Time of First Warning</b>	<b>Race Number</b>
Wed. 14 August 2019	18:30 NDT	1
Thurs. 15 August 2019	18:30 NDT	2
Fri. 16 August 2019	10:30 NDT	3-8 (Time dependent)/ 1-6 for WS
Sat. 17 August 2019	10:30 NDT	3-8 (Time dependent)/ 1-6 for WS
Sun. 19 August 2019	TBA/Posted	TBA/Posted

The White Sail division will only race during the practice race, Friday and Saturday.

Boats are expected to leave the docks fully provisioned with food for the day. No extended breaks will be given over lunch hour.

7. **Sailing Instructions.** See attached sailing instructions.

8. **Fleets.** Boats register to race in one of three PHRF fleets: Division One, Division Two and White Sail. Any boats choosing to not to fly spinnaker and register for the White Sail fleet must remain in that fleet for the duration of the race and vice versa.

9. **Handicaps.** The Race Committee reserves the right to review and revise provisional handicaps after one day of valid results in consultation with the Sail Nova Scotia Handicap Committee. Modifications to ratings during the regatta will apply for the remainder of the regatta but will not be retroactive.

The race committee will not issue a provisional rating to boats who currently have a PHRF Nova Scotia without consulting the Nova Scotia Committee. There is no guarantee this will occur within the timeline of the event. Boats requesting a provisional rating due to sail inventory changes, or other reasons are highly encouraged to submit their request to the RNYC, complete with supporting documentation prior to registration. No changes will be made to the results based on provisional rating adjustments issued after the event.

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## Sailing Instructions

### 1. RULES

- 1.1 The Regatta will be governed by the racing rules of the *International Sailing Federation (2017-2020 Edition)*, the prescriptions of *Sail Canada*, and the sailing instructions.
- 1.2 Racing Rule 40 will be in effect at all times while afloat without the display of flag Y. This modifies the preamble to Part 4.

### 2. ENTRIES

- 2.1 Boats may enter by registering at RNYC in person or via email to [manager@rnyc.nf.ca](mailto:manager@rnyc.nf.ca) by 20:00 NDT on Tuesday 13 August 2019.
- 2.2 Boats who are not members of SailNL can contact the [RNYC Manager](#) who will consider each potential entry on a case-by-case basis. Non-SailNL members will be charged an administrative fee and their names will be added to the RNYC Sail Canada Membership List (where applicable).
- 2.3 Boats will race in three PHRF fleets. The White Sail Fleet will consist those boats opting not to fly spinnaker. Division One and Two Fleets will generally include faster boats with lower PHRFs and/or more experienced crew, and will use PHRF Nova Scotia Ratings.

### 3. SCHEDULE OF RACES

- 3.1 Races are scheduled as follows:

Date	Time of First Warning	Race Number
Wed. 14 August 2019	18:30 NDT	1
Thurs. 15 August 2019	18:30 NDT	2
Fri. 16 August 2019	10:30 NDT	3-8 (Time dependent)/ 1-6 for WS
Sat. 17 August 2019	10:30 NDT	3-8 (Time dependent)/ 1-6 for WS
Sun. 19 August 2019	TBA/Posted	TBA/Posted

- 3.2 The White Sail division will only race during the practice race, Friday and Saturday.

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- 3.3 Boats are expected to leave the docks fully provisioned with food for the day. No extended breaks will be given over lunch hour.
- 3.4 Races will generally be less than two hours in length.
- 3.5 On Saturday, no races will be started after 16:00 NDT.
- 3.6 No races will be held on Sunday provided a race has been held to constitute a series.
- 3.7 For Spinnaker divisions, three (3) races to be completed to constitute a series.
- 3.8 For White Sail division, one (1) race is to be completed to constitute a series.

#### 4. **RACING AREA**

- 4.1 The racing area encompasses the (roughly) semi-circular area of Conception Bay bounded by the Kelligrews Point, Kelly's West, Bell Rock, Little Bell East, and Manuels River marks (as well as the shoreline running between the Kelligrews and Manuels River Marks).

#### 5. **COURSES**

- 5.1 Courses will be set in accordance with the RNYC Race Week 2019 Course List and Mark Key.
- 5.2 The course(s) to be sailed will be displayed from a board located near the stern of the Race Committee Boat a minimum of 5 minutes prior the Division's Warning Signal and will be communicated to competitors via VHF Radio Channel 68.
- 5.3 In the event the RC shortens the course after the start:
  - 5.3.1 The RC will fly Code Flag "S" above the effected Division's / Class Flag.
  - 5.3.2 A mark boat will fly Code Flag "S" above the effected Division's / Class Flag and standby at the leeward prior to the first competitor rounding and beginning the upwind leg. The race committee will attempt to notify competitors via VHF.



5.3.3 Competitors shall round the leeward mark and proceed to finish the effected race using the pre-existing Start / Finish Line. If the course calls for a downwind finish, competitors will continue sailing downwind and will not start the next upwind leg.

**6. STARTS / FINISHES**

6.1 The timing of the start is determined by the removal of the class flags (Time pieces and watches are relative). Sounds are secondary and may fail. The Race Committee can delay start times, combine fleets, or separate fleets at its discretion. The flags assigned to each fleet are as follows:

- 6.1.1 Division One: Code Flag One OR a plain orange flag
- 6.1.2 Division Two: Code Flag Two OR a plain green flag
- 6.1.3 White Sail: Code Flag Three OR a plain yellow flag

6.2 Starting sequence shall consist of the following signals, which will be made from the committee boat.

<b>Warning</b>	5 min	Class (Division) Flag Up	1 Sound
<b>Preparatory</b>	4 min	"P", "I", "Z" OR Black Flag Up	1 Sound
<b>One-Minute</b>	1 min	Preparatory Flag Down	1 Long Sound
<b>Start</b>	0 min	Warning Flag Down	1 Sound

6.3 Unless otherwise communicated, the White Sail Division shall start first. One minute or more following the start of the White Sail Division, the start sequence for the Division One and Two boats shall be made. This may occur as a combined fleet or in individual start sequences; followed by an additional one-minute pause in-between start sequences to ensure the start-finish line is clear.

The Race Committee may delay a start sequence by more than 1 minute if the line is not clear.

6.4 The Start / Finish Line will be sighted using the Primary Shroud of the Race Committee Boat and a starting marker located to the port side of the

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RC Boat.

- 6.5 Boats in divisions whose warning signal has not been made shall keep clear of the starting area and of all boats whose warning signal has been made. Failure to keep clear will result in DNS for the infringing boat. This changes A4.1
- 6.6 A boat starting more than 10 minutes after her starting signal will be scored Did Not Start. This changes rule A4.1.

## 7. RECALLS

- 7.1 Individual recalls of boats that were over the line early will be signalled by a sound signal and code flag X. The race committee will attempt to hail the boats sail number. Failure by the Race Committee to announce sail numbers or names of OCS boats shall not be grounds for redress.
- 7.2 General recalls (recall of all boats) will be 2 sound signals, the First Substitute Flag, plus a verbal hail from the race committee.

## 8. TIME LIMIT

- 8.1 The time limit for the first boat from each class to finish each race will be 2 hours, after which, if no boats have finished, the race will be abandoned.
- 8.2 All other boats must finish within 30 minutes of the first boat of that fleet. Boats not doing so will be scored DNF.

## 9. ASHORE SIGNALS

- 9.1 All other ashore signals will be flown from the main RNYC Mast.
- 9.2 Flag `AP', Answering Pennant, with two horns (one when lowered), means, "The Race is Postponed". If raised ashore, the warning signal will be made not less than 30 minutes after AP is lowered. If raised on the committee boat, the warning signal will be made not less than 1 min after AP is lowered.

## 10. PROTESTS

- 10.1 Protests shall be written on forms available in the Bell Room and must be lodged prior to the lowering of Code Flag "B" OR a plain orange flag.

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- 10.2 At the earliest convenience after the Race Committee Boat has been secured, Code Flag "B" will be flown from the flag mast in the front lawn of the yacht club and will be accompanied by a sound signal indicating the time to lodge a protest has begun. The flag will be lowered with a sound signal after the full hour.
- 10.3 Protests filed after the red flag is lowered will be automatically thrown out.
- 10.4 A boat intending to protest shall:
  - 10.4.1 Hail "protest" and the boat number to the protested boat, at the first reasonable opportunity, and:
  - 10.4.2 Inform the Race Committee of the intension to protest at the completion of the race or as soon after the incident as possible.
  - 10.4.3 This changes rule 61.1a.
- 10.5 The protest committee will be comprised of one member from the race committee and two competitors from divisions not involved in the protest.
- 10.6 Decisions of the protest committee will be final in accordance with racing rule 70.4(b).

## 11. **NOTICES TO COMPETITORS**

- 11.1 Notices to competitors will be posted on the Official Race Week Notice Board.
- 11.2 Any changes in the sailing instructions will be posted before 09:00 on the day it will take effect, except that any change in the schedule of races will be posted by 18:00 on the day before it will take effect.

## 12. **HANDICAPS**

- 12.1 The Race Committee reserves the right to review and revise provisional handicaps after one day of valid results in consultation with the Sail Nova Scotia Handicap Committee. Modifications to ratings during the regatta will apply for the remainder of the regatta but will not be retroactive.
- 12.2 Due to a clear speed advantage and without a fair method to adjust and measure handicaps, the use of twin headsails in the White Sail division is not permitted.

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13. **SCORING**

- 13.1 The Nova Scotia PHRF System will be used to apply a corrected time for each race.
- 13.2 The Low point scoring system, Appendix A, paragraph A4.1 of the rules will be used to score the series.
- 13.3 When from four to six (White Sail) or six to ten races (Divisions 1 & 2) have been completed, boat series score will be the total of her race scores excluding her worst score.

14. **SAFETY REGULATIONS**

- 14.1 No races will be held in steady winds over 25 knots or gusting winds over 30 knots. The Race Committee reserves the right to cancel or postpone racing if conditions and equipment do not allow it to safely set a course.
- 14.2 Boats shall comply with and carry (at least) the minimum safety equipment required by the Canadian Small Vessel Regulations. The race committee reserves the right to inspect a boat at any time without prior notification to assure compliance with these regulations. Failure to comply may result in disqualification from the regatta.
- 14.3 A boat that retires from a race shall notify the race committee as soon as possible, by hail, by broadcast over VHF channel 68, or, as a last resort, by phoning the RNYC at 709-834-5151.

15. **RADIO COMMUNICATIONS**

- 15.1 Notwithstanding 13.2 or 13.3 of these instructions, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

16. **PRIZES**

- 16.1 Prizes will be awarded to boats placing first, second and third in each division.



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17. **CONDUCT**

17.1 A competitor shall not intentionally put trash in the water. This rule applies at all times while afloat. In the event of deliberate dumping, the skipper and/or owner will be held responsible and the boat or competitor may be subject to disqualification from the regatta.

17.2 The skipper and/or owner of a boat shall be responsible for the actions of her crew and guests while on RNYC property. In the event of a serious breach of conduct or sportsmanship, destruction of property or failure to comply with the request of any RNYC race officer, committee member or executive member, the skipper and/or owner will be held responsible and the boat or competitor may be subject to disqualification from the regatta.

18. **SPONSERSHIP**

18.1 While alongside, boats shall display the flag issued to skippers during registration (if applicable).

19. **DISCLAIMER OF LIABILITY**

19.1 Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

19.2 In light of 18.1, the organizing authority reminds competitors that:

“The safety of a boat and her crew is the sole responsibility of her owner and/or skipper, who must ensure that the boat is fully found, thoroughly seaworthy, and manned by an experienced crew. He must be satisfied as to the soundness of the hull, spars, rigging, sails and gear. He must ensure that all safety equipment is properly maintained and stowed, and that the crew is familiar with its location and use.”